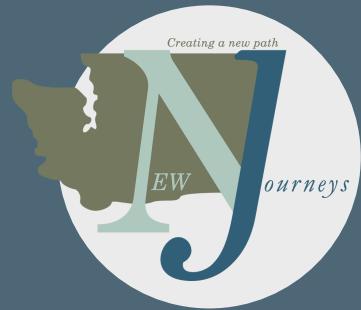


# New Journeys

An Early Intervention Program for First Episode Psychosis



New Journeys is evidence-informed recovery-oriented outpatient care for individuals aged 15-40 who are experiencing new and unexpected changes in their perceptions and thinking, referred to as "first episode psychosis" (FEP).

There are teams across the state of Washington that offer comprehensive and personalized support.



Peer Support



Personalized Therapy



Help with  
Medication  
Decisions



Employment  
& Education  
Support



Symptom  
and Stress  
Management



Support and  
Education for  
Families

Serves  
people...

Age: 15-40 years old

Location: Resident of a region where New Journeys services are available

Symptoms: Psychotic symptoms have been present between 1 week and 2 years



**When in doubt, reach out!**

**Visit [www.newjourneyswashington.org](http://www.newjourneyswashington.org) to get more information and to contact our team**

**Or use the QR code to submit a referral to New Journeys**

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